

100 słów na wakacje (B1-B2) część 4

<https://www.youtube.com/playlist?list=PLUcTv1XX1ULQ>

I. Słowa:

1. adapt - przystosować (się)
2. overcome - przezwyciężyć
3. pursue - dążyć do, realizować
4. determine - określić, ustalić
5. succeed - odnieść sukces, udać się
6. struggle - zмагаć się, zmaganie
7. influence - wpływać (na); wpływ
8. motivate - motywować
9. establish - zakładać, ustanawiać, ustalać
10. expand - rozwijać (się), powiększać (się)

II. Przykłady zdań:

ADAPT

It took her a few weeks to adapt to her new school.

Zajęło jej kilka tygodni, aby przystosować się do nowej szkoły.

Animals must adapt to changes in the environment.

Zwierzęta muszą dostosować się do zmian w środowisku.

Tom quickly adapted to working from home.

Tom szybko przystosował się do pracy z domu.

OVERCOME

My mum overcame her fear of flying.

Moja mama przezwyciężyła swój strach przed lataniem.

We can overcome any problem together.

Możemy razem przezwyciężyć każdy problem.

He overcame many difficulties to finish the project.

Pokonał wiele trudności, aby ukończyć projekt.

PURSUE

She decided to pursue her dream of becoming a doctor.

Postanowiła zrealizować swoje marzenie o zostaniu lekarzem.

He is pursuing his goal of learning three foreign languages.

On dąży do swojego celu, jakim jest nauczenie się trzech języków obcych.

If you want to succeed, you should pursue your goals every day.

Jeśli chcesz odnieść sukces, powinienes każdego dnia dążyć do swoich celów.

DETERMINE

The police are trying to determine the cause of the accident.

Policja próbuje ustalić przyczynę wypadku.

The test will determine your English level.

Test określi twój poziom języka angielskiego.

We need to determine the best way to solve this problem.

Musimy ustalić najlepszy sposób rozwiązania tego problemu.

SUCCEED

If you work hard, you will succeed.

Jeśli będziesz ciężko pracować, odniesiesz sukces.

She succeeded in passing the exam.

Udało jej się zdać egzamin.

He wants to succeed as an engineer.

Chce odnieść sukces jako inżynier.

STRUGGLE

She is struggling to find a new job.

Ona zmaga się ze znalezieniem nowej pracy.

They struggled to finish the project on time.

Zmagali się z ukończeniem projektu na czas.

Learning a new language is a struggle for many people.

Nauka nowego języka jest zmaganiem dla wielu ludzi.

INFLUENCE

Your friends can influence your decisions.

Twoi przyjaciele mogą wpływać na twoje decyzje.

The weather influences our mood.

Pogoda wpływa na nasz nastrój.

Parents have a strong influence on their children.

Rodzice mają duży wpływ na swoje dzieci.

MOTIVATE

Good teachers motivate their students.

Dobrzy nauczyciele motywują swoich uczniów.

My parents motivate me to work hard.

Moi rodzice motywują mnie do ciężkiej pracy.

Success motivates people to keep trying.

Sukces motywuje ludzi do dalszych starań.

ESTABLISH

They want to establish a new company.

Chcą założyć nową firmę.

The government established new rules.

Rząd ustanowił nowe zasady.

We need to establish the facts before making a decision.

Musimy ustalić fakty przed podjęciem decyzji.

EXPAND

The company plans to expand its business next year.

Firma planuje rozwinąć swoją działalność w przyszłym roku.

She wants to expand her knowledge of history.

Chce poszerzyć swoją wiedzę z historii.

The city is expanding very quickly.

Miasto bardzo szybko się rozwija.

III.

Ćwiczenie 1

Wybierz poprawne słowo spośród dwóch podanych.

1. If you practise every day, you will *struggle* / *succeed* in learning the language.
2. The business continues to *determine* / *expand* every year.
3. The test will *determine* / *motivate* your level of English.
4. She had to *adapt* / *expand* to the new school after moving to another city.
5. He worked hard to *influence* / *overcome* his fear of speaking in public.
6. She wants to *establish* / *pursue* her dream of becoming a writer.

7. She finally *overcame* / *established* all the difficulties in her life.
8. Many young people *expand* / *struggle* with finding their first job.
9. Parents often *influence* / *overcome* their children's choices.
10. Good teachers *motivate* / *determine* students to learn more.
11. Social media can strongly *establish* / *influence* people's opinions.
12. The company wants to *expand* / *adapt* its business into other countries.
13. Animals must *succeed* / *adapt* to changes in their environment.
14. He is trying to *pursue* / *influence* his goals and ambitions.
15. The project was difficult, but they managed to *expand* / *succeed*.
16. Learning a new skill can be a real *struggle* / *influence* for some people.
17. The government wants to *establish* / *adapt* new rules.
18. They decided to *pursue* / *establish* a new company in the city.
19. The coach knows how to *motivate* / *overcome* the players before a match.
20. Scientists are trying to *motivate* / *determine* the reason for this problem.

Ćwiczenie 2

Uzupełnij każde drugie zdanie słowem z ramki we właściwej formie:

EXPAND	PURSUE	DETERMINE	ADAPT	MOTIVATE
OVERCOME	SUCCEED	STRUGGLE	INFLUENCE	ESTABLISH

1. She got used to living in a new country.
She managed to to living in a new country.
2. The company became bigger last year.
The company last year.
3. He defeated his fear of heights.
He managed to his fear of heights.
4. The research will find the reason for the problem.
The research will the reason for the problem.
5. He achieved his goal after many years of work.
He after many years of work.
6. Many students have problems with mathematics.
Many students with mathematics.

7. His parents affected his decision.

His parents had an on his decision.

8. She wants to achieve her dream of becoming a doctor.

She wants to her dream of becoming a doctor.

9. The teacher encourages students to work harder.

The teacher students to work harder.

10. They created a new organisation.

They a new organisation.

Ćwiczenie 3.

Dopasuj słowa (A–J) do definicji (1–10).

A. adapt

B. overcome

C. pursue

D. determine

E. succeed

F. struggle

G. influence

H. motivate

I. establish

J. expand

1. to make something larger or develop it further

2. to continue trying to achieve something you want

3. to change your behaviour in order to fit a new situation

4. to have an effect on someone or something

5. to create something new, such as a company or organisation

6. to find out or decide something after thinking or investigating

7. to encourage someone to do something

8. to defeat a problem, fear, or difficulty

9. to achieve what you wanted to achieve

10. to have difficulty doing something or dealing with a problem

Odpowiedzi:

Ćwiczenie 1

- | | |
|--------------|---------------|
| 1. succeed | 11. influence |
| 2. expand | 12. expand |
| 3. determine | 13. adapt |
| 4. adapt | 14. pursue |
| 5. overcome | 15. succeed |
| 6. pursue | 16. struggle |
| 7. overcame | 17. establish |
| 8. struggle | 18. establish |
| 9. influence | 19. motivate |
| 10. motivate | 20. determine |

Ćwiczenie 2

1. She managed to **adapt** to living in a new country.
2. The company **expanded** last year.
3. He managed to **overcome** his fear of heights.
4. The research will **determine** the reason for the problem.
5. He **succeeded** after many years of work.
6. Many students **struggle** with mathematics.
7. His parents had an **influence** on his decision.
8. She wants to **pursue** her dream of becoming a doctor.
9. The teacher **motivates** students to work harder.
10. They **established** a new organisation.

Ćwiczenie 3

1. J. expand
2. C. pursue
3. A. adapt
4. G. influence
5. I. establish
6. D. determine
7. H. motivate
8. B. overcome
9. E. succeed
10. F. struggle